



NUCLEAR MEDICINE

IMAGING | RUSH MEMORIAL HOSPITAL

RESULTS

The radiologist will read your exam and send the report to your provider in 24-48 hours.

QUESTIONS

Please contact Imaging at 765-932-7556 or Cardiology at 765-932-7502 with any questions or if you need to re-schedule your exam.

THANK YOU

Thanks for choosing RMH for your imaging needs. We look forward to seeing you!

CARDIOLITE STRESS TEST

WHAT TO EXPECT

The test takes approximately 3 hours. Please wear comfortable clothing without metal buttons or zippers on your shirt.

We will start a small IV to administer a radioactive tracer called Cardiolite. The tracer does not change how you feel, but will allow us to image the blood flow through your heart muscle. Once injected, we need to wait about 45 minutes before imaging. You will be seated in a waiting room; you are welcome to watch TV or bring a book/tablet.

For the images, you will be asked to lay down on a bed with your arms resting above your head for 16-18 minutes. We offer warm blankets and your choice of music.

Next is the stress portion. Your physician will decide if they want you to walk on a treadmill (if able) or be given a medicine to simulate exercise. We will monitor your heart rate, blood pressure, and oxygen throughout the test. You will be able to rest and drink caffeine (coffee or soda) before your second set of images.

This exam shows blood flow through your heart when you are relaxed/resting then compares with blood flow after stress. This information allows us to determine your history/risk of heart attack.

PATIENT PREP

12 HOURS BEFORE YOUR EXAM

Please avoid all caffeine products (even decaf) before your exam: this includes coffee, soda, chocolate, etc.

Your healthcare provider may ask you to avoid certain medications.